**Information and videos on CPR Training and using a Defibrillator.**

**Defib Dani - a friendly animation taking you through the steps to using a defibrillator** [Defib Dani | Resuscitation Council UK](https://www.resus.org.uk/public-resource/defibrillation/defib-dani)

**ResusReady - encourages us all to be CPR trained and defibrillator aware** [ResusReady | Resuscitation Council UK](https://www.resus.org.uk/about-us/get-involved/resusready" \t "_blank)